

Practice Activity Using Computer-Down Charts



Case Example 1:

Maya is a healthy 9 month old girl who was exclusively breastfed for 6 months and continues to breastfeed. Maya's mother began feeding her baby food at 6 months of age. Maya's mother reports that Maya is starting to eat bites of soft table foods now.

Record and plot her measurements on the new WHO growth charts for girls birth – 24 months (CDC Source WHO Child Growth Standards):

Date	Age (months)	Weight (pounds)	Length (inches)
11/14/2011	Birth	6 lbs. 15 oz.	20"
1/14/2012	2 mos.	9 lbs. 10 oz.	22.25"
5/17/2012	6 mos.	13 lbs. 14 oz.	25.75"
8/21/2012	9 mos.	16 lbs. 0 oz.	28.0"

Does Maya qualify for *103 Underweight*? Why or Why not?

Case Example 2:

Brady is an 18 month old boy. Brady's grandmother cares for him during the day when Brady's mother, Rae, is working. Brady has been formula fed since birth, and he was 5 months of age when he began eating baby food. He's progressing well with table foods and feeds himself most of the time.

Record and plot his measurements on the new WHO growth charts for boys birth to 24 months (CDC Source WHO Child Growth Standards):

Date	Age (months)	Weight (pounds)	Length (inches)
5/8/11	1 mo.	8 lbs. 0 oz.	20.5"
10/7/11	6 mos.	18 lbs. 8 oz.	26.0"
4/5/12	12 mos.	25 lbs. 0 oz.	29.5"
10/7/12	18 mos.	29 lbs. 8 oz.	32.25"

Does Brady qualify for *113 Obese*, *114 Overweight*, *115 High Weight-For-Length* or no nutrition risk criteria? Why?

Practice Activity Using Computer-Down Charts (continued)

Case Example 3:

Emma is a cute petite looking 1 year old. She has been fed a combination of formula and breast milk. Her doctor has diagnosed developmental delays and therefore Emma didn't start any baby food until 7½ months of age. She is slowly progressing with eating solids.

Record and plot her measurements on the new WHO growth charts for girls birth to 24 months (CDC Source WHO Child Growth Standards):

Date	Age (months)	Weight (pounds)	Length (inches)
7/21/11	Birth	5 lbs. 8 oz	18.5"
8/22/11	1 mo.	7 lbs. 3 oz.	19.75"
1/20/12	6 mos.	13 lbs. 0 oz.	24"
7/22/12	12 mos.	15 lbs. 9 oz.	26.9"

Does Emma qualify for *121 Short Stature Or At Risk Of Short Stature*? Why or why not?